

What is re|engage?

re|engage is a marriage enrichment program. Marriages in any condition can benefit, whether a couple is struggling to get along, their marriage is broken, or they simply want to grow closer to one another.

Re|engage examines God's design for marriage and applies principles from the Bible to guide couples towards growth in their relationship with each other.

Couples can expect to:

- Receive encouragement by hearing stories from others who have experienced healing in the midst of hard times.
- Be placed in a small group with a facilitator couple and other couples to work through a sixteen-week curriculum.

What is the origin of relengage?

The program was launched at Watermark Community Church in Dallas, Texas in September, 2008 and since has expanded to other churches nationwide. Wooddale Church is now part of the relengage family.

When and where does relengage meet?

We meet at Wooddale Church, 6630 Shady Oak Road, Eden Prairie, MN., 55344 on Tuesday nights from 6:30-8:00 PM

When is relengage offered?

re|engage is offered twice a year. It is available in the fall and in the spring. The spring semester will begin January 10, 2023, and end May 16, 2023. We will be off on March 21st and April 4th.

What does a typical relengage night look like?

relengage meets once a week for two hours:

- The session on January 10th is a kickoff celebration where participants will get to know one another and be given their books which contains lessons to complete each week.
- We begin with either a teaching on a marriage related subject or a story from a couple who has found healing in their marriage.
- After a combined large group time the couples are separated into a closed group. Each closed group consists of 4-5 couples and a facilitator couple who will complete the 16-lesson curriculum together. Once formed, no new couples are added to the group.

Does re engage work?

Thousands of couples have benefited from re|engage. Real change requires more than just applying a few marriage tips for a quick fix. For those who fall into the category of needing complete resurrection



in their marriage, healing will not occur overnight. For those who simply want to improve their marriages, growth and change will occur over time as well. No matter how long you have been married, there will always be some level of struggle. Through relationship with Christ and in learning the principles He gave us in Scripture, we can find freedom in our lives and in our marriages. Learning Biblical principles is done in community. The focus of re/engage is on heart transformation individually, and as a couple, which leads to oneness in marriage.

Is there a cost?

Yes. The cost is \$75.00 to cover the cost of the workbooks and for the administration of the program.

Is there childcare?

Yes. For children birth through fourth grade. You can sign up for childcare at the time of registration.

How do I know that what I share will be kept confidential? Will it be a safe place to share?

All participants are asked to ensure that what is discussed in the small group stays in the group. In order to provide a safe environment, the facilitators have committed to not share details of information discussed in the group, except as needed to prevent physical, emotional, or spiritual injury. These cases will be dealt with under the guidance of pastoral leadership.

How much time is required to be part of relengage?

Completion of the curriculum will take approximately 30 minutes each week. The time required will vary for each couple.

I don't know if I'll have a marriage by the end of the month. Is relengage a good place for us?

Yes! There are many couples who have attended who are separated. While the outcome is based on what each individual is willing to do to save their marriage, the platform provides a safe place to focus on what a healthy marriage looks like. The program provides tools to help you grow toward the goal of a healthy marriage.

My marriage is doing well. Will our marriage benefit by attending relengage?

Yes! Whether your marriage needs to be reignited or needs complete resurrection, relengage is a safe place for couples to reconnect and grow in their oneness with one another.

How do I register?

Visit www.family-resource.info to register.